



Northern State University

Summer 2008 Men's Basketball Newsletter

NCAA-Division II

Go WOLVES!!!

Aberdeen, South Dakota

The Camp Season Begins

Summer Expectations:

The men's basketball team has a great opportunity in front of it this camp season. The summer program with Coach Budig and the opportunity to get in the gym will be a chance for our guys to build a strong work ethic which will help them make quantum leaps before next season starts. Most of the players made the decision to stay in Aberdeen most of the summer to get a chance to improve their body and skills. We also like seeing them hanging out with their teammates in a different setting than just class or practice. We feel this allows them to become a much closer family!

The summer is a prime time for us as a program to see if our veterans are understanding what it is going to take to be a true leader and not just a

friend. We feel that a true leader leads by example and creates credibility so they can take a rookie aside and teach. Listening and learning can take place because they have been the hardest worker in every workout.

We also want to thank you as parents for your support in helping the player's stay here in the summer and work on all the skills we are trying to teach. As you know the window for their college career starts and ends very quickly. Again we appreciate all the support- if you need anything from us you have all our emails and numbers.

Coach Meyer



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2007-2008 Redshirting & 2008-2009 Season Outlook

2007-2008 Redshirts: Jonathan Pearson, Brett Newton, Alex Thomas, Marty Gregor, Casey Becker

This past season we started out by red shirting three players. As the year started we realized after a couple injuries that we were going to have a bigger class than we expected. We ended up redshirting a total of five players. The vision of why we redshirt players is as follows: We envision a redshirt doing everything that all the other players do on the team- they just cannot get into the game. It is a great experience for our redshirts get to travel, dress, and warm-up for games just like everybody else. This gives our players such a great advantage for they then get all the experience to help prepare them for the next season when they start to learn how to play in our league. The biggest steps we see that redshirts have to make in order to start contributing to the team are improvements in mental toughness, defensive commitment, and fundamental skills.

The redshirt team this past season was Jonthan Pearson from Maranatha HS, Alex Thomas from Maranatha HS, Brett Newton from RTR, Casey Becker, Beulah, N.D., and Marty Gregor from Chaska, Minn.

Brett and Marty both had injuries this past season that required them to redshirt. Brett got a stress fracture to his Tibia bone in his leg and had to sit the rest of season, while it healed. Marty blew his knee out in practice in early December and had surgery right away. Both have made great strides in their rehab and are rolling full time now.

JP, Alex, & Casey B. made many strides this past season in figuring out what the program is all about. They will continuer to figure out how they can best contribute to the success of the team.

— NSU MBB Office



2008-2009 Season Outlook

This years upcoming team will be a much improved team as far as athleticism goes. The question is whether we will be tough enough, work hard enough, and be smart enough? All these topics fall under one category- LEADERSHIP! Will our veterans step up and be the leaders a team needs to be to win Championships. When players step up and prove they have what it takes and do everything they can to serve their teammates you realize by the effort in practice and during the games that you have something very special..... **A TEAM THAT PLAYS HARD, SMART, TOGETHER, AND FOR EACH OTHER...**

2008-2009 NSU Men's Basketball

Month	Date	Opponent	Location	Time	
November	6	University of Minnesota (Exhibition)	Away	TBA	
	8	Purdue University (Exhibition)	Away	TBA	
	?	<i>Indiana or Vanderbilt</i>	<i>Away</i>	<i>TBA</i>	
	?	<i>Home Exhibition (McWolves Registration?)</i>	<i>Home</i>	<i>TBA</i>	
	18	Mount Marty College (McWolves Registration)	Home	TBA	
	20	Mayville State	Home	TBA	
	21	Presentation College	Home	TBA	
		(NSU MBB Team Social #1, Following Game)			
	24	Jamestown College	Home	TBA	
	29	University of Minnesota/Duluth	Sioux Falls Hoopfest		
30	Bemidji State University	Sioux Falls Hoopfest			
December	5	Wayne State College (MBB/WBB Potluck)	Home		
	6	Augustana College (MBB/WBB Parents Night)	Home		
	12	Southwest Minnesota State Univ.	Home		
	13	Mankato State University	Home		
		(NSU MBB Team Social #2, Following Game)			
	28	Midland Lutheran College	Home		
	January	2	Winona State University	Away	
		3	Upper Iowa University	Away	
10		University of Mary (McWolves Halftime Show)	Home		
16		Bemidji State University (Alumni Wkend)	Home		
17		University of Minnesota/Duluth (Alumni Wkend)	Home		
23		Concordia St. Paul University	Away		
24		St. Cloud State University	Away		
30		Minnesota State University/Moorhead	Away		
31		University of Minnesota/Crookston	Away		
February		6	Winona State University	Home	
	7	Upper Iowa University (I Hate Winter)	Home		
		(NSU MBB Team Social #3, following game)			
	14	University of Mary	Away		
	20	Wayne State University	Away		
	21	Augustana College	Away		
	25	Minnesota State University/Moorhead	Home		
	28	Southwest Minnesota State Univ.	Away		



Northern State University
Home of the Wolves

ANNOUNCEMENTS

NSU MBB House Clean Up August 23 & 24!

What:

Complete Cleaning- washing windows, carpet cleaning, painting, moving furniture, adding washer and dryer upstairs, cleaning out garage, lawn work, refrigerators & freezers cleaned, stoves and cupboards cleaned, etc.. .

We are looking for any parents that would love to help out to join us.
We all know that a mom's touch is better than what we can do.

Time:

All- Day Saturday and Sunday until we are done!

Newsletter Contact:
Randy Baruth
NSU MBB.1200 South Jay Street.
Aberdeen. SD. 57401
Randy.Baruth@northern.edu
www.northern.edu

Northern State University
1200 S. Jay Street
Aberdeen, SD 57401
605-626-2230
randy.baruth@northern.edu

About this newsletter—

The 2008 camp season is in full swing. We will be trying to get the newsletter out as often as Karen and John Hall did, and will do our best to make it as informational as possible. If you have any suggestions to improve the newsletter, please e-mail me at randy.baruth@northern.edu.

Richelle Braun, who has helped with publication in the past, will be formatting the newsletter. You will all get a chance to meet her at a Wolves Social, along with her husband Kevin.

Senior Parents & Players, we will again be asking you to write a short letter for the newsletter- something about what Northern has meant to you and your family. We will hit on this more in August edition.

— See you all soon! —Randy

June 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Barnett Center Closed- May 12- June 12, 2008 Refinishing	2 Barnett Center Closed- Ellendale Bball Camp- BN, DM Wolsey-Wess. Camp	3 Barnett Center Closed Ellendale B-ball Camp- BN, DM Wolsey-Wess. Camp	4 Barnett Center-closed Ellendale B-Ball Camp BN, DM	5 Barnett Center Closed- May 12- June 12, 2008 Refinishing	6 Barnett Center Closed- May 12- June 12, 2008 Refinishing	7 Barnett Center Closed- May 12- June 12, 2008 Refinishing
8 Barnett Center Closed- May 12- June 12, 2008 Refinishing	9 Barnett Center Closed Pelican Rapids Basketball Camp Rob, Kyle, Casey,	10 Barnett Center Closed Pelican Rapids Basketball Camp Rob, Kyle, Casey,	11 Barnett Center Closed Pelican Rapids Basketball Camp Rob, Kyle, Casey,	12 Report to BC @ 8am Meals at Dreyers House Dreyer's House Work	13 NSU College Camp Vo2 Testing	14 NSU College Camp Vo2 Testing
15 NSU College Camp	16 NSU Day Camp	17 NSU Day Camp	18 NSU Day Camp	19 NSU Day Camp Coaching Academy	20 Coaching Academy	21 Coaching Academy
22 NSU Boy's Boarding Camp	23 NSU Boy's Boarding Camp	24 NSU Boy's Boarding Camp	25 NSU Boy's Boarding Camp NSU Girl's Boarding Camp	26 NSU Girl's Boarding Camp	27 NSU Girl's Boarding Camp	28 NSU Girl's Boarding Camp McWolves Car Wash Both McDonalds 1pm -6pm
29 Wrestling Camp Wach's Trny Fundraiser @ Moccasin Creek CC Evening Only	30 Wrestling Camp Wach's Trny Fundraiser @ Moccasin Creek CC All-Day					

July 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Wrestling Camp	2	3	4	5
6	7 Wrestling Camp	8 Wrestling Camp	9 Wrestling Camp	10 Wrestling Camp	11 Wrestling Camp	12 <i>McWolves Wash Both McDonald's 1pm-6pm</i>
13 <i>NSU Boys Boarding Camp</i>	14 <i>NSU Boys Boarding Camp</i>	15 <i>NSU Boys Boarding Camp</i>	16 <i>NSU Boys Boarding Camp</i>	17 <i>NSU Boys Boarding Camp Team Camp</i>	18 <i>NSU Boys Team Camp</i>	19 <i>NSU Boys Team Camp</i>
20 <i>NSU Girls Boarding Camp</i>	21 <i>NSU Girls Boarding Camp</i>	22 <i>NSU Girls Boarding Camp</i>	23 <i>NSU Girls Boarding Camp</i>	24 <i>NSU Girls Boarding Camp Team Camp</i>	25 <i>NSU Boys Team Camp</i>	26 <i>NSU Boys Team Camp</i>
27	28	29	30	31		

August 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 <i>Player Workouts</i>	19 <i>Player Workouts</i>	20 <i>Player Workouts</i>	21 <i>Player Workouts</i>	22 <i>Player Workouts</i>	23 <i>MBB House Clean Up Day</i>
24 <i>MBB House Clean Up Day</i>	25 <i>Player Workouts</i>	26 <i>Player Workouts</i>	27 <i>Player Workouts</i>	28 <i>Player Workouts</i>	29 <i>Player Workouts</i>	30
31 <i>Freshman Orientation Move-In Day!</i>	1 <i>Freshman Orientation</i>	2 <i>Classes Begin</i>	3	4	5	6